

Resources

The mission of At Your Service is to help maximize the quality and enjoyment of life by providing innovative and customized service to meet our clients' needs to maintain independent, dignified, and meaningful lives.

As part of this mission, we want to provide to our clients and their loved ones contact information for respected organizations which offer programs, information, and services to assist them.

Alzheimer's Association

The leading voluntary health organization in Alzheimer care, support and research.

In San Antonio: (210) 822-6449

24-hour helpline: 800-272-3900

National Website: <http://www.alz.org/index.asp>

American Cancer Society

The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service.

In San Antonio: (210) 614-4211

24-hour helpline: 1-800-ACS-2345

American Diabetes Association

The American Diabetes Association is leading the fight against the deadly consequences of diabetes and fighting for those affected by diabetes.

In San Antonio: (210) 829-1765

National Contact: 1-800-DIABETES (1-800-342-2383).

Request a diabetes information packet, email: AskADA@diabetes.org

American Heart Association

The American Heart Association is committed to fighting heart disease and stroke and raising awareness of these diseases.

In San Antonio: (210) 617-2600

American Parkinson Disease Association

The American Parkinson Disease Association, Inc. was founded in 1961 to "ease the burden and find a cure" for Parkinson's disease.

In San Antonio: 210-567-6039

E-Mail: DianneJohnson@aol.com

National Office: 1-800-223-2732 or (718) 981-8001

E-Mail: apda@apdaparkinson.org

Arthritis Foundation

The Arthritis Foundation is the leading health organization addressing the needs of some 46 million Americans living with arthritis, the nation's most common cause of disability.

In San Antonio: Phone: 210.824.5507

Email: cgish@arthritis.org

National Office: 800-283-7800

E-Mail: [Arthritis Answers](#)

National Aging in Place Council

The primary mission of the National Aging in Place Council is to establish an ongoing forum between individual professionals (from the private, public and non-profit sectors) and corporations to work together to promote aging in place. Secondly, we hope to encourage senior citizens, recent retirees, and Baby Boomers to be proactive in planning for their future housing and care needs, and provide ideas and information to help them do so.

National Office: (202)939.1784

E-Mail: dhicks@dworbell.com

National Council on Aging

To improve the lives of older Americans.

National Office: (202) 479-1200

TDD: 202-479-6674

E-Mail: info@ncoa.org

National Multiple Sclerosis Society

The National MS Society is a collective of passionate individuals who want to do something about MS now—to move together toward a world free of multiple sclerosis.

In Texas: 713-526-8967

E-Mail: TXH@NMSS.ORG

Website: [Lone Star Chapter website](#)